Mandalay Lunch Menu November 2023

Meal Price: Paid: \$3.25

Adult Lunch Meal: \$5.09+tax

More Info...

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, Orange, Banana,100% Apple Juice or 100% Fruit

Daily Vegetable Offerings: Baby Carrots & Celery Sticks

Available Daily:

- Sunflower Seed Butter w/ Jelly Sandwich on WG Bread V
- Bagel Meal: Fresh NY-Style Bagel w/ 1 cheese stick and yogurt V
- Grilled Cheese Melt
- Chicken Nuggets*

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, **V** denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)

All deli sandwiches made with Boar's Head meats

Grades K-12 are offer vs serve and must choose at least 3, up to 5, of the below mentioned items. One of the choices <u>must</u> be a fruit or vegetable.

- -Meat/Meat Alternate
- -Vegetable
- -Whole Grain Item
- -Fruit
- -Milk

aramark

November 2nd is Cookie Monsters Birthday! Buy Breakfast and Lunch and receive a FREE cookie!

*Taco Bar will include beef taco meat with choice of soft tortilla shells or scoops, lettuce, sour cream & salsa WG Soft Pretzel Rods w/ Cheese Sauce Grilled Cheese Melt Apple Slices Sweet Potato Fries Milk of the Day

w/ !

Cookie Monster's Birthday!

Mac & Cheese*

Strawberry Yogurt Parfait

Orange Wedges
Chickpea Salad
Milk of the Day

Cheese Pizza Pepperoni (P) Pizza Vatermelon Cup Carrot Sticks
Romaine Cup with Ranch Milk of the Day

6

Hamburger or Cheeseburger on WG Bun Chicken Patty on WG Bun Apple Slices Tater Tots Milk of the Day No School Election Day



WG Pizza Crunchers Grilled Cheese Melt of Grapes Carrot Sticks Roasted Squash Milk of the Day 9

Cheese Pizza Pepperoni (P) Pizza Vatermelon Cup
Carrot Sticks
Romaine Cup with Ranch
Milk of the Day

10

No School Veterans Day



13

Chicken Tenders w/ Dipping Sauce Mozzarella Sticks w/ Marinara Sauce Apple Slices Tater Tots Milk of the Day 14

WG Confetti Pancakes w/
Syrup & Chicken Sausage
Egg & Cheese on WG
Biscuit
Orange Wedges
Cucumber Coins
Milk of the Day

15

WG Soft Pretzel Rods w/ Cheese Sauce Grilled Cheese Melt Apple Slices Sweet Potato Fries Milk of the Day 16

Taco Bar Thursday
Strawberry Yogurt Parfait

Grapes
Black Beans
Milk of the Day

17

Cheese Pizza Pepperoni (P) Pizza Katermelon Cup Carrot Sticks
Romaine Cup with Ranch Milk of the Day

20

Hamburger or Cheeseburger on WG Bun Chicken Patty on WG Bun Apple Slices Tater Tots Milk of the Day 21

WG Mini Maple Waffles w/
Syrup & Chicken Sausage
Egg & Cheese on WG
Biscuit
Cantaloupe Chunks
Cucumber Coins
Milk of the Day

22

Cheese Pizza
Pepperoni (P) Pizza
Watermelon Cup
Carrot Sticks
Romaine Cup with
Ranch
Milk of the Day

23

No School Thanksgiving Recess 24

No School Thanksgiving Recess



27

Chicken Tenders w/
Dipping Sauce
Mozzarella Sticks w/
Marinara Sauce
Apple Slices
Tater Tots
Milk of the Day

28

National French Toast Day

WG French Toast & Chicken
Sausage
Egg & Cheese on WG Biscuit
Cantaloupe Chunks
Cucumber Coins
Milk of the Day

29

WG Soft Pretzel Rods w/ Cheese Sauce Grilled Cheese Melt Apple Slices Sweet Potato Fries Milk of the Day 30

Taco Bar Thursday

Strawberry Yogurt Parfait of Grapes Black Beans Milk of the Day Indicates a fresh produce.

Denotes item prepared from scratch or speed scratch.